ANGUS MOUNTAIN BIKE TRAILS
Glen Doll, Loch Muick and The Capel Mounth

STARTING POINT
Forestry Commission car park, Glen Doll

SUMMARY
An epic, expert (Black), true wilderness ride with testing climbs and an incredible descent to finish.

LENGTH
24.5km max.

HEIGHT GAINED
885m max.
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ROUTE DESCRIPTION

This is an exposed hillside route which should only be attempted by experienced Mountain Bikers. Expect to carry your bike in some places.

From the Forestry Commission car park at Glen Doll, proceed out onto the road you came in on. After the bridge turn left through the gate and onto the Land Rover track. Stay on this track, passing through a gate, and pass round the NE side of Moulzie. Keeping the river to your left, follow the footpath along the bank, crossing at the footbridge. Follow the rough track up towards Bachnagairn where you will inevitably, at some point, have to carry the bike up to the footbridge.

From the Bachnagairn footbridge, the climb becomes increasingly difficult before eventually leveling out. The main trail turns east and shortly after some sheds, an inviting piece of single track beckons. However continue on the main track for a fast descent down ‘The Streak of Lightning’ which finishes up on the shore of Loch Muick. Continue NE along the side of the Loch before turning right and starting the climb up the Capel Mounth. The track eventually levels off and continues to roll across the top of the hills for around 3km until the track peters out and the start of the single track descent begins. This eventually jettisons you out onto the track to Moulzie. Turn right as if going to do another loop but this time hang left onto a footpath, cross the bridge and then take the trail back on the opposite side of the river to the picnic benches and car park.

DO THE RIDE THING

We love riding this route and to keep our good relationship with local landowners and other path users we ask you to follow the advice below:

- Let other path users know you are coming as early as possible.
- Please watch your speed, especially on blind corners and dips.
- Please take extra care near wildlife and leave the environment as you find it.
- Help land managers and others to work safely and effectively. See ‘Route Specifics’.
- The route description and quality of path may change over time so please remain flexible with your plans and be ready to use alternative routes. Correct at time of print March 2017.
- Check the weather forecast and ensure you have all the equipment you need for your route.
- If you are in any doubt please pop into one of our cycle centres for advice!
- Route Specifics
  - Please check the Forestry Commission web site for any access issues in the area.
  - Pop into the rangers station at the car park for advice.
  - Parking charges apply.
  - To avoid erosion of the Capel Mounth please avoid riding this path in wet weather.

CYCLING CENTRES

Angus Bike Chain
Fixing and fettling bikes for over 20 years. Large stock of cycles, accessories, spares and clothing to cater for your cycling needs. Route advice.
29 Commerce St, Arbroath, DD11 1NA
T: 01241 875510
www.angusbikechain.co.uk

Angus Cycle Hub
Developing and supporting cycling in Angus. Events, coaching, information and advice.
T: 01241 873500
E: info@anguscyclehub.co.uk
www.anguscyclehub.co.uk

CYCLE FRIENDLY BUSINESSES

The Glen Clova Hotel, Lodges, Restaurant
Glen Clova, DD8 4QS
T: 01575 550350
www.clova.com

The Bothy - Self Catering
Clach na Brain, Glen Clova, DD8 4QU
T: 01575 540330
www.thebothyglenclova.co.uk

Crepto B&B
1 Kinnordy Place, Kirriemuir, DD8 4JW
T: 01575 572746

For more information on mountain biking in Angus:
www.visitangus.com | www.anguscyclehub.co.uk | www.DMBin5.com